



## ASHLYN FRIX

**Associate**

15 E. 5th Street  
Suite 4100  
Tulsa, OK 74103  
T 918.586.8545

[AFrix@cwlaw.com](mailto:AFrix@cwlaw.com)

Ashlyn Frix is a litigation attorney at Conner & Winters who is committed to achieving the best results for her clients. She provides counsel in a variety of commercial matters including insurance defense and personal injury defense. Ms. Frix also handles real estate and family law issues for her clients. She previously worked as a Judicial Extern for the Oklahoma Supreme Court and was a summer associate at Conner & Winters in 2021 and 2022.

Ashlyn graduated with honors from the University of Oklahoma College of Law where she was a member of the Phi Delta Phi legal honor society and an editor for the *Oil and Gas, Natural Resources, and Energy Journal*. She also received the American Jurisprudence award for Legal Research & Writing and the John McHenry Mee Scholarship for high grade in Real Estate Transactions. Prior to law school, she graduated with honors from the University of Oklahoma with a Bachelor of Arts in Philosophy.

### Honors & Recognitions

- Editor, *Oil and Gas, Natural Resources, and Energy Journal* (ONE J)
- Member, Phi Delta Phi Legal Honor Society
- Recipient, John McHenry Mee Scholarship
- American Jurisprudence Award in Legal Research and Writing
- Dean's Honor Roll

### PRACTICES

Commercial Litigation  
Construction  
Insurance and Personal  
Injury Defense Litigation  
Litigation  
Real Estate

### INDUSTRIES

Construction  
Energy  
Insurance  
Manufacturing &  
Distribution  
Real Estate  
Rental Car

### EDUCATION

University of Oklahoma  
College of Law, J.D.  
University of Oklahoma,  
B.A.

### ADMISSIONS

Oklahoma, 2023