



→ Christopher R. Williams

Associate

2099 Pennsylvania Avenue, N.W.
Suite 100
Washington, DC 20006-6801

T: +1.202.747.3275
F: +1.202.747.3935
cwilliams@sheppardmullin.com

Christopher Williams is an associate in the Labor and Employment Practice Group in the firm's Washington, D.C. office.

Areas of Practice

Chris handles litigation and counseling matters on behalf of management in a wide range of labor and employment matters. His practice focuses on employment litigation, including discrimination and retaliation claims, disability accommodation matter, wage and hour claims, and other disputes arising under applicable local, state, and federal statutes. Chris also has expertise in employee benefit litigation, having represented employers, plan sponsors, and fiduciaries in matters that arise under ERISA and the Multiemployer Pension Plan Amendments Act.

In addition to litigation, Chris regularly advises clients on the development and implementation of employment policies, handbooks and agreements, as well as conducting due diligence in corporate mergers and acquisitions and advising clients on compliance with the Family and Medical Leave Act and the Americans with Disabilities Act.

Chris also has experience with traditional labor issues. He has helped employers handle the negotiation and administration of collective bargaining agreements, disputes with multiemployer pension plans and unfair labor practice charges filed with the National Labor Relations Board.

While in law school, Chris served as a judicial extern for the Honorable Robert E. Payne, U.S. District Court for the Eastern District of Virginia. Prior to attending law school, Chris worked in the human resources industry as an executive recruiter conducting national recruiting searches for executives in multiple industries.

Articles

- NY Bill Would Complicate Labor Law Amid NLRB Uncertainty
Law360, 08.25.2025

Labor & Employment Law Blog Posts

- "The NLRB Announces Its Intention to Sue Just as Governor Huchul Signs Bill Asserting Jurisdiction Over Labor Relations in New York," September 12, 2025
- "New York State Looks to Take Over Labor Law Enforcement Amidst Uncertainty at the NLRB," June 24, 2025

- "NLRB Finds GW Hospital Failed to Bargain in Good Faith in Reversal of Vacated Decision," May 13, 2024
- "DC Joins the Wage Transparency Movement," January 19, 2024
- "Once, Twice, Gone: After Two Ballot Initiatives, D.C.'s Minimum Wage Tip Credit Set to Be Phased Out," February 2, 2023
- "NLRB Releases Proposed Joint Employer Rule Rolling Back Trump-Era Standard," September 6, 2022

Practices

Labor and Employment

Labor and Employment Counseling

Labor and Employment Litigation

Labor Union Management Relations

Education

J.D., University of Richmond, 2016, *Magna Cum Laude*

B.A., University of North Carolina - Chapel Hill, 2010

Admissions

District of Columbia

Virginia