



→ Kara Du

Associate

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Kara Du is an associate in the Corporate Practice Group in the firm's Century City office and is a member of the firm's Healthcare team.

Area of Practice

Kara's practice focuses on public and private mergers and acquisitions and general corporate counseling representing a wide variety of healthcare related clients across the country. Kara's experience includes advising on corporate formations and structuring, governance and operational matters, drafting transactional documents, navigating corporate practice of medicine issues and managing due diligence investigations.

Kara regularly represents private equity funds in platform structuring, acquisitions and growth investments in the healthcare services, health IT and clinic sectors, serves as outside general counsel and buy-side acquisition counsel for private equity and growth equity backed portfolio companies. Her representative work experience includes representation of healthcare provider and management organizations, technology companies, managed care organizations, nonprofit and for-profit health systems, home health and hospice providers, and behavioral health providers.

Outside of her legal work, Kara is also a certified wine sommelier. She currently holds a WSET Level 3 Advanced Wine Specialist Certificate, a sommelier license issued by the Court of Master Sommeliers, and a Certified Sherry Wine Specialist certificate with the Wine Scholar Guild. As a dedicated member of Sheppard Mullin, Kara regularly hosts client events that feature curated fine wine tastings, offering clients a unique opportunity to connect over shared experiences in a relaxed environment. Her events have become a hallmark of the firm, strengthening client relationships, promoting community engagement, and contributing to business development.

Articles

- The Double-Edged Sword Of Using ChatGPT In Health Care
Law360, 07.18.2023
- ChatGPT and Privacy Risks
Chicago Medicine Magazine, 04.2023
- Tracking the Waivers: Implications of the Wind Down of the COVID-19 Public Health Emergency
03.27.2023

Healthcare Law Blog Posts

- "Shifting Landscapes: How Federal and State Policies are Expanding Access to IVF," August 28, 2025
- "Healing the Healers: Using Value-Based Care Strategies to Mitigate Physician Burnout," December 3, 2024
- "The PACE Solution to Increasing Demands for Long-Term Services and Supports in the U.S.," November 2, 2023
- "Navigating the Wild West of the New ACA Preventative Care Ruling," May 11, 2023
- "ChatGPT And Healthcare Privacy Risks," March 8, 2023
- "Finding Our Way Out of the Pandemic Haze: What Telehealth Tools Are Medicare Providers Allowed to Keep, and Which Must They Leave Behind?," November 30, 2022
- "What Price Transparency? California SB 650 Shines Light on Skilled Nursing Facility Ownership while Creating New Reporting Burdens for California Skilled Nursing Facilities," October 7, 2021

Events

2025 Women in Healthcare Leadership Collaborative (WHLC) Leadership Summit
October 8 - 9, 2025

Podcasts & Webinars

WHLC Summit - Day Two Recording
10.09.2025

Practices

Corporate
Healthcare

Industries

Healthcare

Education

J.D., University of Southern California, 2021, Edward & Eleanor Shattuck Award
B.Phil, University of Pittsburgh, 2018, *summa cum laude*

Admissions

California

Languages

Chinese (Mandarin)