



→ Krysten Thomas

Associate

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Krysten Thomas is an associate in the Corporate Practice Group in the firm's Washington, D.C. office and a member of the firm's Healthcare Team.

Areas of Practice

In her practice, Krysten contributes to the firm's due diligence efforts for corporate healthcare transactions and examines healthcare regulatory matters. She is also a member of the firm's Women in Healthcare Leadership Collaborative.

Prior to joining Sheppard Mullin, Krysten clerked, interned, and externed for Chief Judge Anna Blackburne-Rigsby at the District of Columbia Court of Appeals. She also clerked at the District of Columbia Office of Administrative Hearings and for the United States Department of Health and Human Services' Office of Counsel to the Inspector General.

Krysten earned her J.D. from the Georgetown University Law Center with a Dean's Certificate for special and outstanding service to the Georgetown community and Exceptional Pro Bono Pledge Recognition for the more than 250 hours of pro bono service that she completed as a law student. At Georgetown, she also conducted COVID-19 and HIV/AIDS research for the Georgetown Center for Global Health Science and Security and the Georgetown O'Neill Institute for National and Global Health Law, while serving as a student attorney in the Georgetown Health Justice Alliance Clinic through which she represented a family in the mediation of a special education matter. She was a fellow with the District of Columbia Bar's Karen Hastie Williams Leadership Fellowship Program, the Corporate Counsel Women of Color, EMILY's List, and the New Leaders Council, as well.

Krysten earned her M.P.H. from Yale School of Public Health, after receiving the grade of honors on her master's thesis which systematically reviewed the use of reproductive healthcare products in the context of the Patient Protection and Affordable Care Act. At Yale, Krysten also conducted research on other reproductive health issues and maternal health disparities in Switzerland at the World Health Organization's Reproductive Health and Research Department and in Connecticut through the Yale Global Health Justice Partnership and at Planned Parenthood of Southern New England, Inc.

Krysten additionally served as a health and judiciary legislative staffer in the United States Senate, worked as a health policy consultant, and held a variety of other public policy and public affairs positions.

Krysten maintains an active pro bono practice and volunteers with a wide variety of organizations outside of the firm. In 2024, Sheppard Mullin honored Krysten with the Bob Williams Award, which recognizes attorneys and staff at the firm for their contributions to the firm and their communities. In 2025, the Washington Legal Clinic

for the Homeless honored Krysten with their Outstanding Pro Bono Award for her tireless and zealous representation of a clinic client which resulted in permanent and affordable housing for the client and her family.

Honors

Outstanding Pro Bono Award, The Washington Legal Clinic for the Homeless, 2025

Bob Williams Award for exceptional firm and community contributions, Sheppard Mullin, 2024

Client's First Award for excellent client service, Sheppard Mullin, 2024

Articles

"Sheppard Mullin Advises Prospect Health System in its Agreement to Sell Certain Businesses and Assets to Astrana Health," November 8, 2024

Corporate & Securities Law Blog Posts

- "Delaware M&A Case Law Roundup," June 26, 2024

FDA Law Blog Posts

- "Hair Products with Formaldehyde Are Going Out of Style: Is Your Organization Ready for the Change?," November 3, 2023

Healthcare Law Blog Posts

- "Navigating Clinical Practice with the CDC Advisory Committee on Immunization Practices' Updated Hepatitis B Recommendation for Newborns," December 30, 2025
- "Women's Health on the Ballot in November: What the Election Could Mean for Reproductive Care and Beyond," October 4, 2024
- "CMS Issues CY2025 Medicare Advantage and Part D Final Rule," April 15, 2024
- "CMS Announces Medicare Advantage and Part D Rates for CY 2025," April 12, 2024
- "Recent Healthcare-Related Artificial Intelligence Developments," February 26, 2024
- "CMS Finalizes its Proposal to Advance Interoperability and Improve Prior Authorization Processes," January 26, 2024
- "CMS Promotes Competition, Transparency, Health Equity and More in the CY2025 Medicare Advantage and Part D Proposed Rule," November 13, 2023

Memberships

Member, American Health Law Association

Member, District of Columbia Bar

Member, National Bar Association

Member, Washington Bar Association

Practices

Corporate

FDA Regulatory

Healthcare

Women in Healthcare Leadership Collaborative

Industries

Healthcare

Life Sciences

Women in Healthcare Leadership Collaborative

Education

J.D., Georgetown University Law Center, 2022, Dean's Certificate, Exceptional Pro Bono Pledge Recognition

M.P.H., Yale School of Public Health, 2018, Thesis Honors

B.A., Wesleyan University, 2013

Clerkships

Clerked for the Honorable Anna Blackburne-Rigsby, Chief Judge of the District of Columbia Court of Appeals

Clerked for the Honorable Paul B. Handy, Administrative Law Judge at the District of Columbia Office of Administrative Hearings

Clerked for the United States Department of Health and Human Services' Office of Counsel to the Inspector General

Admissions

District of Columbia