



## → Ronda D. Jamgotchian

### Partner

1901 Avenue of the Stars  
Suite 1600  
Los Angeles, CA 90067

T: +1.310.228.3716

F: +1.310.228.3978

[rjamgotchian@sheppardmullin.com](mailto:rjamgotchian@sheppardmullin.com)

Ronda D. Jamgotchian is a partner in the Labor and Employment Practice Group in the firm's Century City office.

### Areas of Practice

Ronda is an experienced litigator who handles all facets of labor and employment law. She has significant experience defending employers in wage and hour class, collective and representative action lawsuits involving claims for overtime pay, misclassification, meal and rest period violations, unpaid business expenses, and a variety of other related claims. She also has extensive experience defending single plaintiff lawsuits involving allegations of harassment, retaliation, and discrimination based on age, race, sex, religion, national origin, sexual orientation, disability, and other protected classifications, as well as claims for breach of contract, defamation, wrongful termination, and various others.

Ronda regularly appears in both state and federal court, and before administrative agencies including the California Department of Fair Employment and Housing, the U.S. Equal Employment Opportunity Commission, the California Division of Labor Standards Enforcement, and the Workers' Compensation Appeals Board. Ronda is also experienced in alternative dispute resolution, having assisted clients in obtaining favorable resolutions to disputes through mediation and direct negotiation. Ronda regularly counsels employers on a wide range of labor and employment law issues, including leaves of absence, personnel policies and procedures, disability accommodations, reductions in force, employee discipline, and wage and hour matters.

In addition to handling litigation and advice matters, Ronda is a highly-skilled lecturer and trainer, having conducted hundreds of programs and seminars for employers both nationally and internationally. Among other things, Ronda regularly conducts workplace harassment trainings for both management and non-management employees, as well as customized training programs for employers on a variety of other topics, including hiring and firing, exempt classifications, performance evaluations, and many others. Ronda also has extensive experience conducting workplace investigations for employers across a wide range of industries.

Ronda received her J.D. from the University of California Hastings College of the Law. During law school, Ronda served as Senior Notes Editor of The Hastings Law Journal and earned Order of the Coif and Thurston Society recognition upon graduation.

### Honors

Recognized for Employment Law - Management, *Best Lawyers*, 2024-2026

Leader of Influence: Labor and Employment, *Los Angeles Business Journal*, 2023

Recognized for Labor and Employment Litigation, *Best Lawyers*, 2021-2025

Southern California Super Lawyer, *Super Lawyers*, 2015-2023

## Articles

- "An Eye for an Eye or Crying Wolf? An Overview of California and Federal Retaliation and Whistleblower Laws" Practising Law Institute 37th Annual Institute on Employment Law
- "City of Los Angeles Orders Certain Employers to Protect Workers or Risk Imprisonment," Labor and Employment Law Blog
- "Amendment to Computer Software Employee Overtime Exemption Approved by Governor," Labor and Employment Law Blog

## Speaking Engagements

Regularly provides workplace harassment and human resources/management training classes for clients across a wide range of industries

Featured Speaker in Numerous Live and Virtual Seminars, including:

- Castle Publications Lecture Series (2007-2022)
- 2022 California Labor & Employment Law Update and Happy Hour
- 2021 Employment Discrimination and Employee Relations Laws Live Broadcast
- 2020 Getting Back to Business: Planning and Best Practices for Employers in a Changed Workplace
- 2020 California Labor & Employment Law Update Webinar
- 2020 Getting Back to Business Webinar Series (Part 2)
- 2020 Employment Discrimination and Employee Relations Laws Series - Orange County and Pasadena
- 2019 Employment Discrimination and Employee Relations Laws Series - Orange County and Pasadena
- 2018 Employment Discrimination and Personnel Relations Laws Series - Orange County and Pasadena
- 2018 Breakfast With Your Labor Lawyer - Los Angeles
- 2017 Labor Update and Happy Hour - Los Angeles
- 2017 Employment Discrimination and Personnel Relations Laws Series - Orange County and Pasadena
- 2017 Breakfast With Your Labor Lawyer - Los Angeles
- 2016 Labor Update and Happy Hour - Los Angeles
- 2016 Employment Discrimination and Personnel Relations Laws Series - Orange County and Pasadena
- 2016 Breakfast With Your Labor Lawyer - Los Angeles
- 2015 Labor Update and Happy Hour - Los Angeles
- 2015 Employment Discrimination and Personnel Relations Laws Series - Orange County and Pasadena
- 2015 Breakfast With Your Labor Lawyer - Los Angeles

- 2014 Labor Update and Happy Hour - Los Angeles
- 2014 Employment Discrimination And Personnel Relations Laws Series - Orange County and Pasadena
- 2014 Breakfast With Your Labor Lawyer - Los Angeles
- 2013 National Retail Federation Loss Prevention Conference, "Who Wants To Be a Litigant?"
- 2013 Labor & Employment Law Update & Happy Hour - Los Angeles
- 2013 Employment Discrimination And Personnel Relations Laws Series - Los Angeles, Orange County, San Francisco and Pasadena
- 2012 Labor & Employment Law Update & Happy Hour - Los Angeles
- 2012 Employment Discrimination And Personnel Relations Laws Series - Los Angeles, Orange County, San Francisco and Pasadena
- 2011 Labor & Employment Law Update & Happy Hour - Los Angeles
- 2011 Employment Discrimination And Personnel Relations Laws Series - Los Angeles, Orange County, San Francisco and Pasadena
- 2010 Labor & Employment Law Update & Happy Hour - Century City
- 2010 Labor & Employment Law Update & Happy Hour - Los Angeles
- 2010 Employment Discrimination and Personnel Relations Laws Series - Los Angeles, Orange County, San Francisco and Pasadena
- 2010 California's Mandatory Sexual Harassment Training Webinar
- 2009 Labor & Employment Law Breakfast with Your Labor Lawyer - Century City
- 2009 Employment Discrimination and Personnel Relations Laws Series - Los Angeles, Orange County, San Francisco and Pasadena
- 2008 Employment Discrimination and Personnel Relations Laws Series - Los Angeles, Orange County, San Francisco and Pasadena
- 2007 Employment Discrimination and Personnel Relations Laws Series - Los Angeles, Orange County, San Francisco and Pasadena

## Events

Labor & Employment Law Update and Happy Hour - Los Angeles  
Fall 2023  
The Conrad, 10.17.2023

Labor & Employment Law Update and Happy Hour - Los Angeles  
Fall 2022  
The LINE Hotel, 10.27.2022

2021 Employment Discrimination And Employee Relations Laws  
Castle's Seminar Experience  
Live Broadcast, 03.25.2021

California Labor & Employment Law Update  
Webinar, 10.28.2020

2020 Employment Discrimination And Employee Relations Laws  
Summer 2020

Live Broadcast Experience, 09.17.2020

Getting Back to Business Webinar Series (Part 2)  
Planning and Best Practices for Employers in a Changed Workplace  
Webinar, 05.28.2020

2020 Employment Discrimination And Employee Relations Laws  
Winter 2020

Project General Counsel Workshop  
Sheppard Mullin - Los Angeles, 11.14.2019

2019 Employment Discrimination And Employee Relations Laws  
Summer 2019

2019 Employment Discrimination And Employee Relations Laws  
Winter 2019

2018 Employment Discrimination and Employee Relations Laws  
Summer 2018

Breakfast With Your Labor Lawyer - Los Angeles  
Spring 2018 Seminar Series  
04.26.2018

2018 Employment Discrimination And Employee Relations Laws  
Winter 2018

Labor & Employment Law Update & Happy Hour - Los Angeles  
Fall 2017 Series  
10.12.2017

Breakfast With Your Labor Lawyer - Los Angeles  
Spring 2017 Seminar Series  
05.17.2017

2017 Employment Discrimination and Personnel Laws  
Winter 2017

Labor & Employment Law Update & Happy Hour - Los Angeles  
Fall 2016 Seminar Series  
11.09.2016

2016 Employment Discrimination and Personnel Relations Laws  
Castle Publications, Ltd. Labor & Employment Seminars  
Summer 2016

Breakfast With Your Labor Lawyer - Los Angeles  
Spring 2016 Seminar Series  
05.18.2016

Labor & Employment Law Update & Happy Hour - Los Angeles  
Fall 2015 Seminar Series  
10.15.2015

Breakfast With Your Labor Lawyer - Los Angeles  
Spring 2015 Seminar Series  
05.28.2015

2015 Employment Discrimination and Personnel Relations Laws  
Castle Publications, Ltd. Labor & Employment Seminars  
Winter 2015

WORKPLACE 2015  
Prepare Today for Tomorrow's Emergencies  
Crowne Plaza Hotel, San Diego, 10.22.2014

Labor & Employment Legal Update & Happy Hour  
Fall 2014 Seminar Series - Los Angeles  
10.16.2014

2014 Employment Discrimination and Personnel Relations Laws  
Summer 2014: August 13 and 21

Labor & Employment Law Update - Spring 2014  
06.09.2014

Breakfast With Your Labor Lawyer - Los Angeles  
Spring 2014 Seminar Series  
04.30.2014

2014 Employment Discrimination and Personnel Relations Laws  
Winter 2014: February 20 and March 5

Labor and Employment Law Update and Happy Hour Fall 2013 - Los Angeles  
Fall 2013 Seminar Series  
Sheppard Mullin LA, 10.22.2013

Breakfast With Your Labor Lawyer Spring 2013 - Los Angeles  
Spring 2013 Seminar Series  
Sheppard Mullin Los Angeles, 04.16.2013

Labor and Employment Law Update & Happy Hour Fall 2012 - Los Angeles  
Sheppard Mullin Los Angeles Office, 10.03.2012

Labor and Employment Law Update & Happy Hour Spring 2012 - Los Angeles  
Sheppard Mullin Los Angeles Office, 04.19.2012

2012 Employment Discrimination and Personnel Relations Laws - San Francisco, Orange County, Pasadena and Los Angeles  
Winter 2012: February 7, February 16, February 23 and March 1

## Podcasts & Webinars

Getting Back To Business Webinar Series: Session Two  
05.28.2020

## Practices

Labor and Employment  
Labor and Employment Counseling  
Wage and Hour Regulations  
Labor and Employment Litigation  
Wage and Hour Class Actions  
Litigation  
Healthcare

## Industries

Construction  
Entertainment, Technology and Advertising  
Financial Services  
Food and Beverage  
Healthcare  
Hospitality  
Mortgage Banking  
Nonprofit  
Retail, Fashion & Beauty

## Education

J.D., University of California, Hastings, 1998, Senior Notes Editor, *The Hastings Law Journal*, President of the Hastings Christian Legal Society, *Order of the Coif*, Thurston Society, *magna cum laude*

B.A., California State University Fullerton, 1994, *with high honors*

## Clerkships

Law clerk to Chief Judge Alan C. Kay, U.S. District Court for the District of Hawaii

## Admissions

California

U.S. District Court for the Central and Southern Districts of California