

Barbara S. Carra

Counsel

Boston, MA

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Barbara brings a unique background to her insurance practice, having spent 15 years as in-house counsel at two major insurance carriers.

OVERVIEW

Barbara Carra focuses her practice on complex insurance coverage disputes and bad faith litigation where she represents major national and international insurance companies related to a variety of underlying issues, including asbestos, environmental, toxic tort, property loss, and third-party claims. Barbara's practice includes counseling clients on litigation strategies, claims handling procedures and alternative resolution proceedings to achieve cost-effective and expedited resolution of disputed matters. Barbara is also a trusted advisor and business partner for risk assessment and mitigation strategies.

Prior to joining the firm, Barbara focused her private practice on medical malpractice litigation involving death, brain-damage, obstetrical complications, medication errors, orthopedic injuries and other surgical complications. She has retained and worked with numerous preeminent experts in a variety of specialties and sub-specialties to prepare written discovery responses, develop expert disclosures and prepare medical witnesses for deposition and trial.

Additionally, Barbara has almost 15 years of experience as in-house counsel to Unum Insurance and Massachusetts Mutual Life Insurance Company where she held the position of Assistant Vice President & Counsel. In her various positions with these industry leaders, she advised business clients on litigation and regulatory risk, was a subject matter expert for product development, supervised complex national litigation, and was the head of fraud investigations and business intelligence where she oversaw a team of fraud investigators and coordinated with state and federal agencies in the prosecution of fraudulent activity. Barbara was also responsible for the development of training programs and policies in compliance with all state Departments of Insurance for claim professionals, underwriters and agents within the distribution channel.

PRACTICES

Litigation

Life, Health, Disability and ERISA

Commercial Litigation

Insurance Coverage and Bad Faith

BAR AND COURT ADMISSIONS

Massachusetts

EDUCATION

Western New England College School of Law, JD, 1998

Saint Michael's College, BA

MEMBERSHIPS

American Bar Association

Defense Research Institute

International Claim Association

Barbara is a frequent lecturer for the American Bar Association, the Defense Research Institute, the International Claim Association and other trade organizations on current and emerging issues in the context of disability and life insurance claims. Barbara has written numerous papers on medical/legal issues involving medical risk management and insurance best practices.

RECOGNITION AND INVOLVEMENT

Barbara is committed to the community and provides pro bono legal services through various programs including the Hampden County District Court's Lawyer-For-A-Day, the Massachusetts Bar Association's Dial-A-Lawyer, the United Way's Day of Caring and Habitat for Humanity.

REPRESENTATIVE MATTERS

Litigate on behalf of doctors, hospitals and other medical professionals against claims of medical negligence

Defend life, health and disability insurers against claims of discrimination and denial of insurance benefits

Designed and implemented comprehensive enterprise-wide anti-fraud compliance training program and manual for major life insurance company

Directed and conducted all aspects of complex fraud investigations including detailed review and analysis of accounting, auditing, tax and compliance procedures for major life insurance company

Managed national, state and federal civil bad faith litigation for major life, health and disability insurer

EVENTS

Coverage College 2025

Convene CityView, Philadelphia PA, 10.23.25

Coverage College 2022

10.13.22

Class Action Lawsuits Series – Part One

Webinar, 6.14.22

PUBLICATIONS

Professional Liability and Risk Management

Operative Gynecology