

Bridget La Rosa

Partner

Chair, Trusts and Estates Group and Managing Partner, Stamford, CT Office

New York, NY

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Stamford, CT



Bridget is a seasoned trust and estate lawyer, working with clients to develop creative solutions to their problems, while also anticipating their needs and focusing on both their short and long term goals.

OVERVIEW

Bridget La Rosa is Partner and Chair of the Trusts and Estates Practice where she focuses on estate and tax planning, wealth transfer and estate and trust administration for New York, Connecticut and Pennsylvania residents. Bridget was named Managing Partner of the firm's Stamford, Connecticut Office in September 2024.

Bridget has extensive experience with the administration of complicated estates, including tax audits with the IRS and dealings with the Art Advisory Panel. She has successfully defended against objections to probate, handled construction, decanting and judicial accounting proceedings, removal and appointment of fiduciaries and has experience with the Charities Bureau of the Attorney General's Office and various Surrogate's Courts. Bridget has also long advised families and fiduciaries on commercial lease negotiations and residential real estate transactions, including their complexities and practicalities during estate administration.

Bridget has both big and small firm experience, dealing with multi-generational families and the entities that they own. She is a seasoned trust and estate lawyer, working with clients to develop creative solutions to their problems, while also anticipating their needs and focusing on their short and long term goals.

RECOGNITION AND INVOLVEMENT

From 2016 - 2024, Bridget was selected to the New York Metro Region Super Lawyers list in the area of Estate Planning & Probate.

She was the recipient of the City Bar Justice Center's 2017 Jeremy G. Epstein Award for Pro Bono Service. Bridget has served on the Association of the Bar of the City of New York's Trusts, Estates and Surrogate's Court Committee, Estate

PRACTICES

Trusts and Estates

BAR AND COURT ADMISSIONS

Connecticut

New York

Pennsylvania

U.S. District Court for the Eastern District of New York

U.S. District Court for the Southern District of New York

U.S. Tax Court

EDUCATION

Brooklyn Law School, JD, 1998

New York University, BS, 1995

New York University, AAS, 1992

MEMBERSHIPS

Connecticut Bar Association

New York City Bar Association

New York State Bar Association

and Gift Taxation Committee and is a panel member and volunteer of the Justice Center's Planning and Estates Law Project. She is also a member of the Estate Planning Councils of Lower Fairfield County and New York City and has served on the American Heart Association's NYC Heart Advisory Council since 2004.

IN THE NEWS

Super Lawyers Names Five White and Williams LLP Attorneys to its Metro New York Lists
Super Lawyers, 11.7.25

Congratulations 2025 DE, MA, MD, NJ, NY, and PA Super Lawyers and Rising Stars
6.16.25

Bridget La Rosa Recently Featured in Super Lawyers Article
Super Lawyers®, 10.31.24

Bridget La Rosa Named Managing Partner of White and Williams' Stamford, Connecticut Office
9.17.24

Congratulations 2024 DE, MA, MD, NJ, NY, and PA Super Lawyers and Rising Stars
6.6.24

Congratulations to all of our 2023 Attorneys Named as Super Lawyers and Rising Stars
5.25.23

Congratulations 2022 DE, MA, NJ, NY and PA Super Lawyers and Rising Stars
7.13.22

White and Williams Announces 15 Lawyer Promotions
1.3.22

White and Williams Lawyers Recognized as Super Lawyers and Rising Stars
11.1.21

EVENTS

Bridging the Gap - Practical Skills, Ethics and More CLE Webcast
NYC Bar Association
Virtual, 10.18.22

Estate Planning 101
New York City Bar's Bridge-the-Gap Program, 9.28.21

How to Advise Your Trustee Client
Inverness Counsel | New York, NY, 11.5.15

When You Should Have a New York Durable Power of Attorney
City Bar Justice Center | New York, NY, 6.2.15

PUBLICATIONS

The 12 Days of Year-End Estate Planning
Tax and Estates Alert, 12.2.24

Simplifying Trustee Compliance with the Corporate Transparency Act
Tax and Estates Alert, 10.29.24

The Powerful Power of Attorney: Changes Coming in New York State
Real Estate and Tax and Estates Alert, 5.4.21